



## Cross-border Sports Route

Several activities available, namely hiking, cycling, equestrian and nautical ones.

With a total length of 218.80 km, divided into 10 sections, from *Vila Real de Santo António to Pomarão*, in the portuguese side, and from *Puerto de La Laja to S. Bartolomé de la Torre*, in the spanish side.

## Cross-border Cultural Route

Discover an immense archaeological, architectural, religious, mining and ethnographic heritage.

With a total length of 219.10 km, divided into 17 sections, from *Cacela Velha to Mértola*, in the portuguese side, and from *San Lucar del Guadiana to Paymogo*, in the spanish side.

## Cross-border Gastronomic Route

Traditional flavors, connected to the river, the estuary and the sea, such as fish, shellfish and bivalves, but also to the mountains and the steppe, such as game, traditional sausages, cheeses and other delicacies.

With a total length of 202.19.00 km, divided into 15 sections, from *Cacela Velha to Mértola*, through portuguese towns, and from *Ayamonte to Paymogo*, on the spanish side.

## Cross-border Nature Route

Visit parks and nature reserves that offer a diversity of landscapes, flora and fauna for an immersive contemplation.

With a total length of 206.18 km, divided into 15 sections, from *Cacela Velha to Mértola*, in portuguese side, and from *Isla Canela to Huelva*, through spanish territory.



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